

Menu

Serving fantastic lunches everyday - All menus are planned to comply with School Food Standards and all new dishes are tested by children. Our fish is MSC certified and we also use a number of Free Range and Organic products throughout the menu. There is always fresh fruit and salad, bread and locally produced yoghurt available daily.

Week 1

	Monday	Tuesday	Wednesday	Thursday	Friday Favourites
Choice 1	Homemade Lentil & Sweet Potato Dahl Mixed Vegetable Rice	Vegetarian Sausages Yorkshire Pudding & Onion Gravy Creamed Potatoes Green Beans & Carrots	Roast Quorn Fillet Stuffing & Gravy Roast Potatoes Seasonal Cabbage & Carrots	Homemade Vegetable Balti Curry Mixed Rice & Naan Bread	Golden Crumb Omega 3 Fish Fingers Oven Baked Chips or New Potatoes & Garden Peas
Choice 2	Homemade Macaroni Cheese Bake Homemade Garlic Bread & Broccoli Florets	Crispy Bubble Coated Salmon Fillet Crispy Paprika Potatoes Green Beans & Carrots	Homemade Pasta Neapolitan Homemade Garlic Dough Balls	Puff Pastry Cheese Whirl Baby Baked Potatoes & Baked Beans	Homemade Margherita Pizza Oven Baked Chips or New Potatoes & Sweetcorn
Choice 3	Baked Jacket Potato with a Choice of Filling Freshly Prepared Salad Selection	Baked Jacket Potato with a Choice of Filling Freshly Prepared Salad Selection	Cheddar Cheese Panini Melt Tortilla Chips & Salad Sticks	Baked Jacket Potato with a Choice of Filling Freshly Prepared Salad Selection	Baked Jacket Potato with a Choice of Filling Freshly Prepared Salad Selection
Desserts	Apple & Banana Flapjack Fruit Yoghurt Fruit Selection Organic Milk	Marble Sponge & Chocolate Sauce Fruit Yoghurt Fruit Selection Organic Milk	Fruity Jelly & Ice Cream Fruit Yoghurt Fruit Selection Organic Milk	Jam Slice & Custard Fruit Yoghurt Fruit Selection Organic Milk	Chocolate Cookie & Milkshake Fruit Yoghurt Fruit Selection Organic Milk

Week 2

	Monday	Tuesday	Wednesday	Thursday	Friday Favourites
Choice 1	Vegetarian Brunch Hash Brown & Baked Beans	Homemade Vegetable Hot Pot & Dumplings Seasonal Cabbage & Sliced Beetroot	Roast Quorn Fillet Stuffing & Gravy Baby Baked Potatoes Broccoli Florets & Carrots	Veggie Burger in a Bun with Tomato Ketchup Herby Diced Potatoes & Baked Beans	Crispy Battered Fillet of Fish Oven Baked Chips or New Potatoes & Mushy Peas
Choice 2	Tomato & Mascarpone Pasta Homemade Garlic Dough Balls	Quorn Tikka Masala Curry Mixed Rice & Naan Bread	Vegetarian Sausage Roll Baby Baked Potatoes & Baked Beans	Homemade Lancashire Cheese Frittata Homemade Crusty Bread & Garden Peas	Homemade Margherita Pizza Oven Baked Chips or New Potatoes & Sweetcorn
Choice 3	Baked Jacket Potato with a Choice of Filling Freshly Prepared Salad Selection	Baked Jacket Potato with a Choice of Filling Freshly Prepared Salad Selection	Cheddar Cheese & Tuna Panini Melt Tortilla Chips & Salad Sticks	Baked Jacket Potato with a Choice of Filling Freshly Prepared Salad Selection	Baked Jacket Potato with a Choice of Filling Freshly Prepared Salad Selection
Desserts	Shortbread Biscuit & Melon Wedges Fruit Yoghurt Fruit Selection Organic Milk	Apple Crunch Tart & Custard Fruit Yoghurt Fruit Selection Organic Milk	Chocolate Mousse & Mandarins Fruit Yoghurt Fruit Selection Organic Milk	Vanilla Sponge & Custard Fruit Yoghurt Fruit Selection Organic Milk	Strawberry Ice Cream Sponge Roll Fruit Yoghurt Fruit Selection Organic Milk

Week 3

	Monday	Tuesday	Wednesday	Thursday	Friday Favourites
Choice 1	Veggie Meatballs Tomato Sauce & Pasta Homemade Garlic Bread & Broccoli Florets	Jumbo Fish Finger Wrap Crispy Paprika Potatoes & Garden Peas	Roast Quorn Fillet Stuffing & Gravy Roast Potatoes Seasonal Cabbage & Carrots	Homemade Quorn Cottage Pie Broccoli Florets & Carrots	Lightly Crumbed Fish Bites Oven Baked Chips or New Potatoes & Garden Peas
Choice 2	Homemade Cheese Pie Sliced Beetroot & Broccoli Florets	Baked Bean Chilli Enchilada Crispy Paprika Potatoes & Mixed Salad	Homemade Vegetable Korma Curry Mixed Rice & Naan Bread	Homemade Pasta Arrabiata Homemade Garlic Dough Balls	Homemade Margherita Pizza Oven Baked Chips or New Potatoes & Sweetcorn
Choice 3	Baked Jacket Potato with a Choice of Filling Freshly Prepared Salad Selection	Baked Jacket Potato with a Choice of Filling Freshly Prepared Salad Selection	Cheddar Cheese Panini Melt Tortilla Chips & Salad Sticks	Baked Jacket Potato with a Choice of Filling Freshly Prepared Salad Selection	Baked Jacket Potato with a Choice of Filling Freshly Prepared Salad Selection
Desserts	Creamy Rice Pudding & Mixed Berries Fruit Yoghurt Fruit Selection Organic Milk	Syrup Sponge & Custard Fruit Yoghurt Fruit Selection Organic Milk	Oat & Raisin Cookie Fruit Yoghurt Fruit Selection Organic Milk	Lancashire Cheese & Crackers with Grapes Fruit Yoghurt Fruit Selection Organic Milk	Chocolate Brownie & Orange Wedges Fruit Yoghurt Fruit Selection Organic Milk

Weekly Menu Cycle

Week	Mon	Tue	Wed	Thur	Fri
Week 1	21	22	23	24	25
Week 2	28	29	30	1	2
Week 3	4	5	6	7	8
Oct/Nov	11	12	13	14	15
	18	19	20	21	22
Nov/Dec	25	26	27	28	29
	2	3	4	5	6
Dec/Jan	9	10	11	12	13
	16	17	18	19	20
Jan/Feb	23	24	25	26	27
	30	31	1	2	3
Feb/Mar	6	7	8	9	10
	13	14	15	16	17
Mar/Apr	20	21	22	23	24
	27	28	29	30	31
Apr/May	3	4	5	6	7
	10	11	12	13	14
May/June	17	18	19	20	21
	24	25	26	27	28
June/July	3	4	5	6	7
	10	11	12	13	14
	17	18	19	20	21
	22	23	24	25	26
	29	30	1	2	3
	6	7	8	9	10
	13	14	15	16	17
	20	21	22	23	24

Whilst every effort is made to produce the published menus, please note that they may vary occasionally subject to availability and individual school requirements. All our menus are checked using a recognised programme to analyse nutrition. We also work with Lancashire Healthy Schools and support the Change 4 Life campaign. The result is a menu your child will enjoy and that will prepare them for learning in the afternoon.